

Exploring Sustainable Ingredients for Bakery Success: Trends and Market Insights

Presented by

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Supplier Growth Manager SPINS



Empowering the industry with wellness-focused data technology



Full market visibility

Understand the retail landscape to plan your next move and scale



Innovative retailers

Exclusive access to performance insights at natural, specialty & pet retailers integral to your growth



Product intelligence

Uncover unseen drivers of wellness consumer purchase behavior



Leading Technology

Dynamic insights at your fingertips to inform your strategy

The Natural Channel is a hub for innovation, and a lens for future trends in the Natural Products Industry







NATURAL CHANNEL

- Focus on shopper discovery
- Retailers desire to differentiate
- More unique / exclusive items
- Lower barriers to entry for new brands







REGIONAL GROCERY

- Focus on local market needs (shoppers & brands)
- Bridge to mass mix of unique and mainstream items
- Lower cost of entry

ROUSES MARKETS



CONVENTIONAL MULO

- Focus on convenience and shopper efficiency
- Traditionally "best seller" items
- High cost-of-entry / size-of prize







We empower the community to interact and transact with efficiency, transparency, and trust.



SPINS WORKS WITH

Ingredient Supplier, Broker, and Association Partners



SPINS codes for 617 different Functional Ingredients

617

1500+ Brands

SPINS codes every UPC scanned at our retail partners for 583 different types of attributes

583

SPINS HAS

76+
Exclusive Retail Partnerships

REPRESENTING

>\$200B

In Sales

SPINS clients
launched over
100,000+ items
in the last
3 years

380+
Ecosystem
Partners

Identify Attributes **Driving Performance**

SPINS product library is the common language for the Natural Products Industry





AttLab: Harnessing Consumer Trends for Brand Growth



Total Store Visibility

With comprehensive insight into 116 Categories, you'll unlock a full-picture industry perspective that others might miss.

Granular Attributes

Explore the richness of our 350+ attributes that span 2M+ items to decode what drives choices in this wellness era.

The Power of PowerBI

Tap into **fast** and **easy-to-use** visuals of market trends with advanced PowerBI automation.

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Be confident in where to launch, what to launch, your competition. and the size of the opportunity.

Stand Out

Bring thought leadership to buyers and clear, convincing proof on why you deserve shelf space.



Sustainable Grains: A Healthy Growth Driver



What are Sustainable Grains?

Definition: grains that are resilient and adaptable, meaning they can grow in harsh conditions with minimal water and fertilizer inputs.

Sustainable Grains

Sustainable grains are frequently native to harsh growing climates which have allowed them to become highly resilient and adaptable to conditions like drought or pests! Grains in general don't require as much water as other crops, and many "ancient" and heirloom grains are more tolerant of extreme weather patterns than their commodity counterparts.

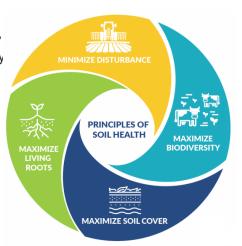
Sustainable cereal production systems involve enhanced biodiversity, living soils, use of integrated pest management, and low greenhouse gas emissions, simultaneously producing high-quality food and maintaining food security.

Sustainable grains offer immense value:

- Increased nutritional content
- Replenishment to soil health
- Reduced need for Herbicide usage

Mitigating Soil Disruption

- Biodiversity loss is threatening the world's food supply
- We rely on the soil for 95% of food, globally, but a third of it has already degraded
- Intensive agricultural practices disrupt soil structure
- Over-grazing and only growing one crop in the same area of land (monoculture) can also be highly damaging to soil





A Convenience Staple Since 1941

The last few decades of grains products have championed convenience and quick cooking times

CLASSICS

NEW WAVE

DISRUPTORS

The quick-cooking grains trend started in 1941, with the invention of Minute Rice as a solution for feeding World War II soldiers. Rice-A-Roni enhanced the fast grains market with the introduction of flavored ricepasta combos in 1958, creating a microwaveable cup version in 2012. Ben's Original Boil-In-Bag rice launched in 1988, making cooking grains easier than ever. Convenient ready-to-heat options are now available across a wide variety of grains.











Rise Of Global Grains With Unique Advantages

Ancient grains like couscous, quinoa, and farro germinate renewed interest on American grocery shelves

CLASSICS

NEW WAVE

DISRUPTORS

As shoppers begin to seek more than just convenience from their grains, ancient staples from all over the world like couscous, quinoa, and farro become some of the first alternatives to rice and wheat that gain widespread popularity on shelf.

Whether for their inherent versatility and quick cooking times (couscous), potent nutritional benefits (quinoa), or unique flavor profile (farro), the growth of these grains demonstrated that shoppers were more than willing to experiment with this portion of the plate.







Farro

- Found in the tombs of Egyptian Kings and believed to have been eaten by Ancient Roman soldiers
- Distinct nutty flavor that lends itself to sweet and savory dishes

Quinoa

- Originated in Peru and Bolivia around 5000–3000BC
- Source of complete, plant-based protein, with all 9 essential amino acids

Couscous

- Developed by Berbers in Northwest Africa as early as 11th century
- Smal grain size naturally lends rapid cooking time and ability to absorb variety of seasonings



Nutrition Takes Center Stage

Grains continue to diversify as consumers increasingly seek out nutritional benefits in all parts of the plate

CLASSICS

NEW WAVE

DISRUPTORS



Teff

High in resistant starch, a form of dietary fiber that can benefit blood sugar management, weight control, and digestive health



Sorghum

Very high in protein and antioxidants



Amaranth

Anti-inflammatory peptides and oils, gluten free, cholesterol-lowering phytosterols, lysine that helps body absorb calcium, build muscle, and produce energy



Millet

Source of both soluble and insoluble fiber, which support heart health and gut health, also significant source of antioxidants

Nutritious Grains Continue To Win On Shelf

+40%

HIGH PROTEIN

Items With 20g Protein Or More Per Serving +16%

LOW SODIUM

+14%

LOW IN SATURATED FATS

+11%

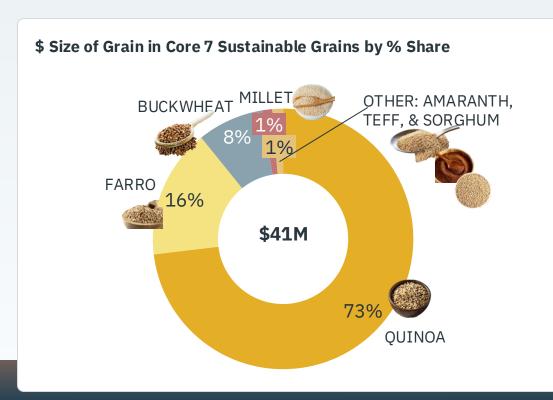
HIGH FIBER

Items With 10g Fiber Or More Per Serving





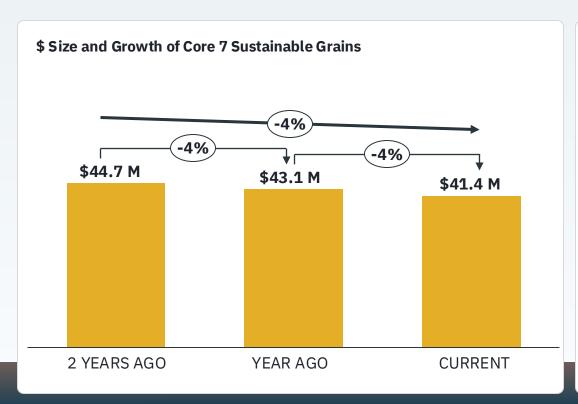
Quinoa declining by \$2M L52W: Farro & Buckwheat over-indexing on growth







Sustainable grains declining 4% over L2yr: Future growth as a supporting ingredient



Farro, Buckwheat, and Amaranth show continued growth as a single product. Quinoa, Millet, Teff, and Sorghum are declining as a single product.

However, all of these grains are showing fast growth as an ingredient across categories.

SUBCATEGORY	\$ Sales L52W	\$ % Chg YA
QUINOA	\$30.2M	-7%
FARRO	\$6.7M	8%
BUCKWHEAT	\$3.4M	7%
MILLET	\$0.5M	-2%
AMARANTH	\$0.3M	1%
TEFF	\$0.2M	-5%
SORGHUM	\$0.1M	-2%



+9%

Peruvian

Cuisine

Total FZ, RF, & Grocery

Quinoa

Native to the Andes Mountains, extremely nutritious, and adapted to high-altitude, dry environments.

ENTRY PRESENT FUTURE

Quinoa became popular in the health food scene in North America in the early 2000s. It is gluten-free, high in protein, and contains all nine essential amino acids.

The global quinoa market size was valued at \$406.93 million in 2022 and is expected to reach \$507.95 million by 2028.

Supporting Ingredient

New!

Nut & Seed Butters

+75%

Rice Cakes

+17%

Wellness Bars







As Lima, Peru has quickly become home to some of the world's top restaurants, we continue to see quinoa innovating as a supporting ingredient in categories that correlate to Peruvian recipes.

Ready-to-Eat

for a hearty & nutritious addition

Plant-Based Products

Protein + Whole Ingredient addition

Beverage

Paired with functional ingredients











SUSTAINABLE GRAINS: WHAT'S CHANGING?



+1%

Mediterranean

Diet

Total FZ, RF, & Grocery

Farro

Now an Italian staple, this ancient grain is originally from the Middle East. Not only drought and pest-resistant but also fast-growing and high-yield.

ENTRY PRESENT FUTURE

Farro is among the most ancient cereal crops of the Mediterranean region. It gained popularity in the US primarily over the past decade due to the growing interest in whole grains and healthier eating.

The global farro market size was valued at \$178.9 million in 2020, and is projected to reach \$513.8 million by 2030.

Supporting Ingredient

+67%
Baking Mixes

+49%

Crackers & Crisp Breads

+11%

Pasta







The Mediterranean Diet continues to grow; made popular by diet specific cookbooks and healthy eating documentaries like "Live to 100: Secrets of Blue Zones".

Farro is a key component to Mediterranean eating and is being incorporated into dishes

for the whole family.

Entrees Kitchen and love







Baby Food

Sustainable + Nutrition forward







Kombucha

Subcategory

Buckwheat

Gluten-free East Asian grain adapted to high altitudes and variable climates. Has a short growing season and returns nutrients to the soil.

Breakfast

Adding nutritional value and texture to an extra crunchy breakfast



+7%

Buckwheat Hot Cereal

Snacking

Swapping out unenriched flours for buckwheat flour



+26%

Crackers & Crispbreads



Innovation

Soba Tea is made from roasted buckwheat, prominent in Asia as an anti-inflammatory, and is gaining popularity in the US. As this evolution continues, with the push from consumers for more innovation in better for you beverage, there is opportunity for soba based Kombucha.



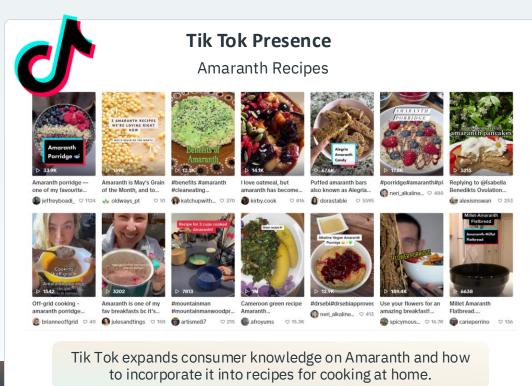






Amaranth

Pest and drought-resistant Mesoamerican grain that grows quickly. Naturally anti-inflammatory and low cholesterol.



Expansion of Amaranth

Influencers, like Chef Sean Sherman from Owamni restaurant, have played an important role with consumer familiarity to indigenous ingredients like Amaranth.



Chef Influence

Sean Sherman is an Oglala Lakota Sioux chef, cookbook author, forager, and promoter of indigenous cuisine with continued involvement the at Natural Product Expo.

Native American products are up 8% across FZ, RF, and Grocery Departments



CPG Expansion

Amaranth is increasingly being used in categories across grocery gearing towards better you and better for the plant products.

Amaranth as an ingredient is up 31% in SS Cold Cereals and up 86% in SS Chips – Vegetable & Other



Gluten Free Grain Trio

Millet, Teff, and Sorghum are all gluten free grains that are commonly used as flour alternatives and flour mixes in allergen friendly products. Furthermore, these flours can each be used as a nutritious thickening agent.

Millet

Found across Asia and Africa, well known sustainable grain with the highest calcium content of cereal grains.

+15%
Cold Cereals







Teff

Nutritionally dense Ethiopian grain with super high yields—one pound of seeds can produce an entire acre of crops.

+11% Snacks











Sorghum

Mineral-rich, drought and pest-resistant East African grain frequently used for gluten-free bread.

+25%

SS Sweeteners







Brands succeeding in **Grains** are addressing **Consumer Mentality Shifts**



Lifespan to Healthspan



New Global Notions



Protecting the Planet



Intentional Indulgence



Thank you!

For more information contact me at asnowhite@spins.com



Appendix

Attribute Insights: Product Intelligence

Brands and retailers need to understand attributes to win with the Values **Oriented Shoppers**

Our 325+ attributes each fall in an attribute family

> **Label Claims Certifications Ingredients Diet Friendly Product Facts**

Product Positioning Nutrition Fact Panel



Note: Not all attributes are shown Source: SPINS



Label Claims & Certifications

SPINS Label Claims Coding (Attribute Values, 29) & SPINS Certification Coding (Attribute Values, 19)

CERTIFIED - AMERICAN HEART ASSOCIATION - CHECK

CERTIFIED B CORPORATION

CERTIFIED DETOX PROJECT - GLYPHOSATE RESIDUE FREE

CERTIFIED FAIR TRADE USA

CERTIFIED FAIRTRADE AMERICA

CERTIFIED GREENER WORLD - ANIMAL WELFARE

CERTIFIED GREENER WORLD - GRASSFED

CERTIFIED GREENER WORLD - NON GMO

CERTIFIED MARINE STEWARDSHIP COUNCIL

CERTIFIED NON-GMO PROJECT VERIFIED

CERTIFIED PALEO FOUNDATION - GRAIN FREE

CERTIFIED PALEO FOUNDATION - KETO

CERTIFIED PALEO FOUNDATION - PALEO

CERTIFIED PALEO FOUNDATION - PALEO FRIENDLY

CERTIFIED PALEO FOUNDATION - PALEO VEGAN

CERTIFIED PLANT BASED FOODS ASSOCIATION

CERTIFIED REGENERATIVE ORGANIC

CERTIFIED UPCYCLED

CERTIFIED WHOLE GRAINS COUNCIL

LABELED ALCOHOL FREE

LABELED ALLERGEN FRIENDLY

LABELED ALUMINUM CHLOROHYDRATE FREE

LABELED ALUMINUM FREE

LABELED ANCIENT GRAIN

LABELED ANIMAL WELFARE

LABELED ANTI AGING

LABELED ANTIBIOTIC FREE

LABELED ANTIOXIDANT

LABELED CAGE FREE

LABELED CORAL REEF SAFE

LABELED FAT

LABELED FLUORIDE FREE

LABELED FRAGRANCE FREE

LABELED FREE RANGE

LABELED GLUTEN FREE

LABELED GRAIN FREE

LABELED GRASS FED

LABELED NITRATE FREE

LABELED NO ADDED HORMONES

LABELED NON-GMO

LABELED ORGANIC

LABELED PARABEN FREE

LABELED PASTURE RAISED

LABELED PROPYLENE GLYCOL FREE

LABELED SODIUM LAURYL SULFATE FREE

LABELED SPROUTED

LABELED UNSCENTED

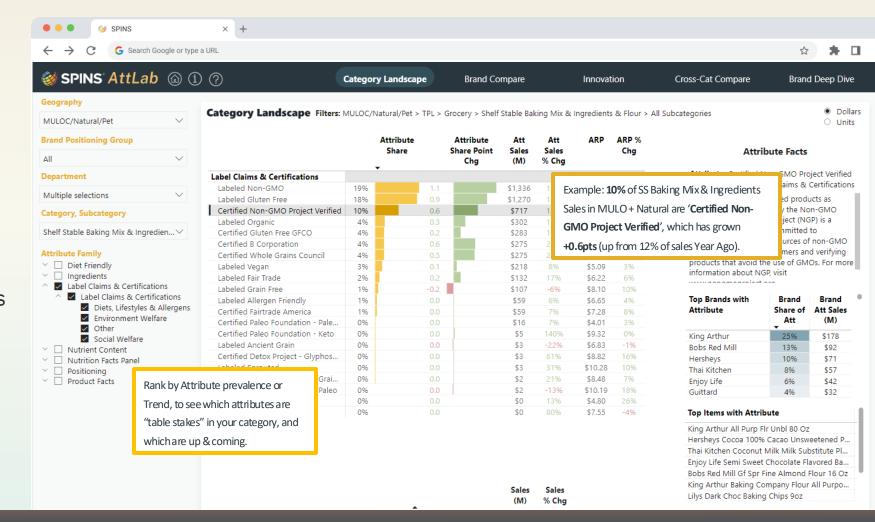
LABELED VEGAN





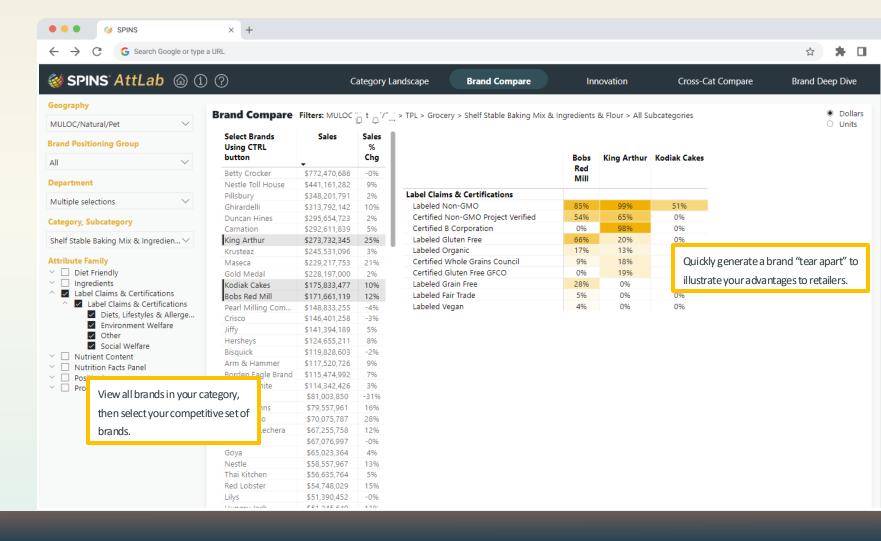
Identify which attributes are most valuable to consumers and are brand differentiators, to optimize your marketing.

Plus, demonstrate your datadriven expertise on the category's attribute trends and your brand advantages in your retailer sellstories.



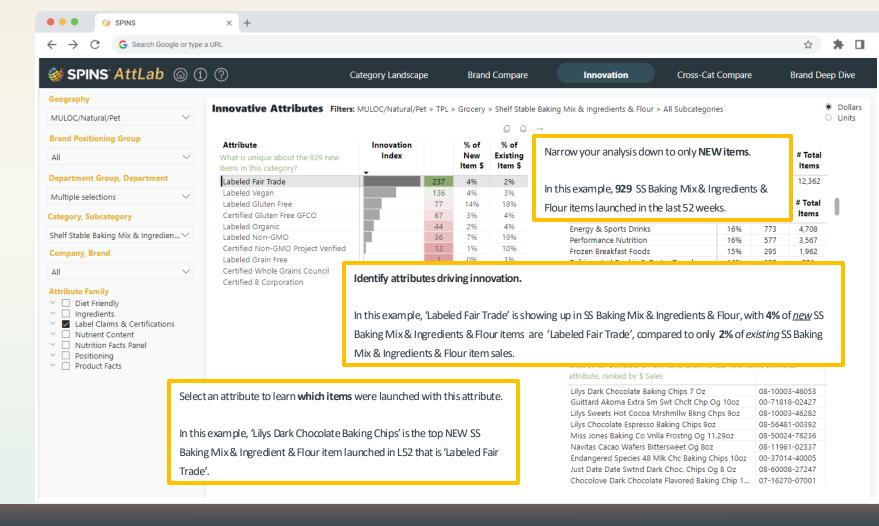


With Brand Compare, benchmarkk your brand vs. key competitors to identify product advantages and gaps.



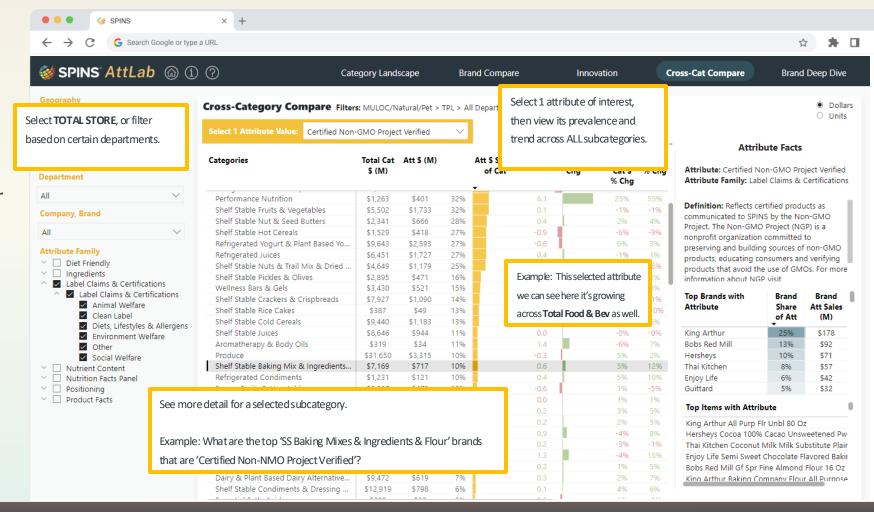


Each month, identify which attributes are driving the latest product launches, to inform your innovation pipeline and stay ahead of the competition.



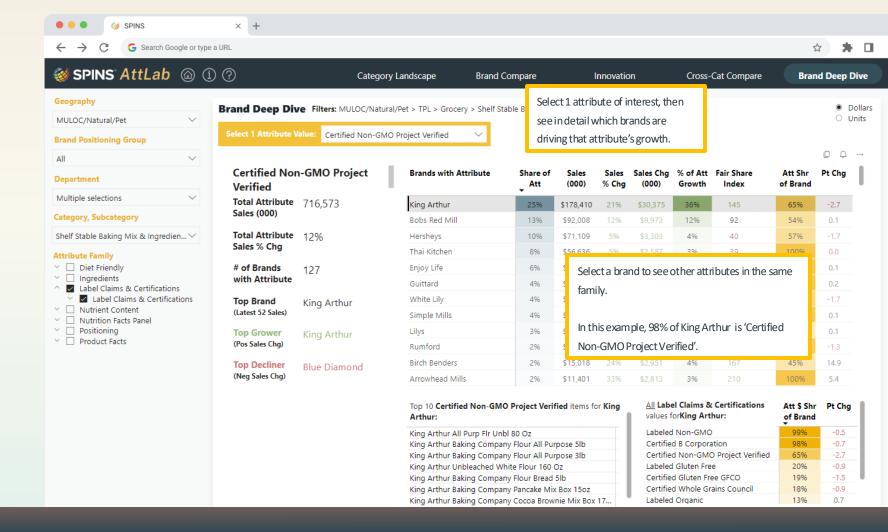


Monitor attribute trends growth across **total store**, to identify your brand's top opportunities for adjacent category expansion.

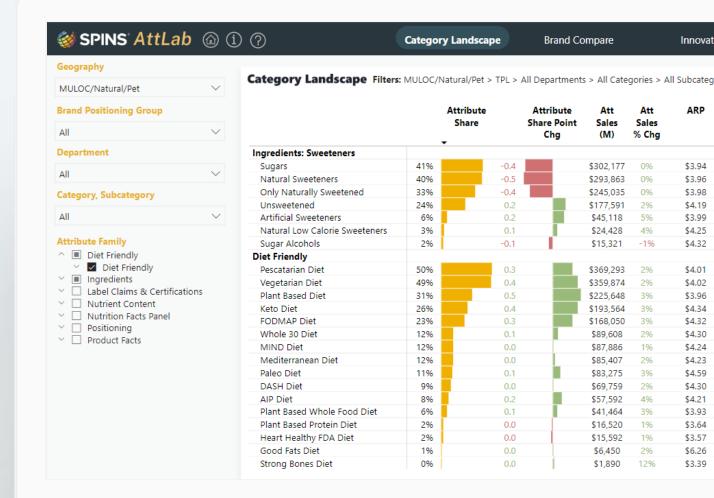




Dive even further into one specific attribute, to see which brands are the top players, and which brands are driving the attributes growth.



Consumers have more choices than ever before in products they purchase to meet their individual health goals, lifestyles, and values. AttLab puts SPINS' entire attribute database at your fingertips, so you can deliver against those trends.





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SPINS Provides a Comprehensive Solution



Omni-intelligence Data Platform

- Natural, Regional, and eCommerce Channel and Key Account (Proprietary)
- Conventional Channel and Key Account (in partnership with IRI Worldwide)
- Amazon Data
- Store-Level Data



Insights & Measurement Applications

- SATORI (Cross-Channel Reporting)
- Signals (Store-Level Reporting)
- PowerTabs (Excel-Based Reporting)
- TradeROI (CGS)



Consumer & Product Activation

- Omni-Commerce Where-to-Buy (Destini)
- Shoppable Landing Pages (Destini)
- Shoppable Recipes (Destini)
- Digital Couponing (Destini)
- Product Activation Manager (Pinto)



Product Intelligence

- Product Attributes
- Certifications & Label Attributes
- Nutrition Information
- High-Quality Product Images



Insights & Growth Consulting (CGS)

- Client Insight Manager
- JumpStart & Insight Sprint Program
- Price & Promo Strategy (CGS)
- Category Assessments (CGS)
- Competitive Landscape (CGS)
- · Consumer Panel



Data Blending Solutions (DAAP)

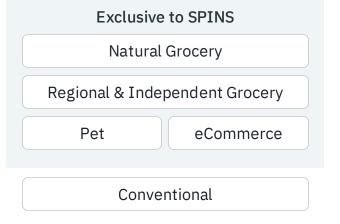
- Data Extraction
- Data Harmonization
- Data Visualization
- Integration with 3rd-Party BI Tools

The **SPINS Advantage**



Retail Coverage

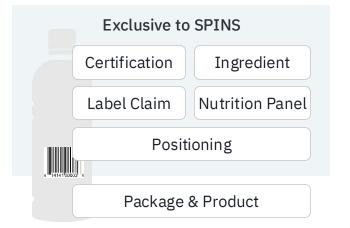
SPINS offers the **most complete market view** across the full retail landscape





Product Intelligence

SPINS provides the industry's leading Product Intelligence Platform to align **product attributes** with **consumer preferences**





Applications & Insights

SPINS delivers on-demand insights through **intuitive applications** and **deep industry acumen**

Business Intelligence

Data Harmonization

Trade Promotion Tools

Growth Consulting

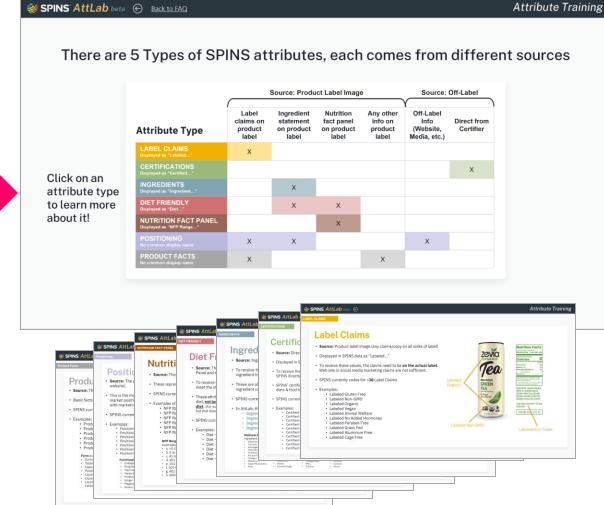
SPINS AttLab Overview

AttLab has built-in training to empower users to learn as they go

Users can navigate to attribute training via buttons on the home page and the FAQ page.

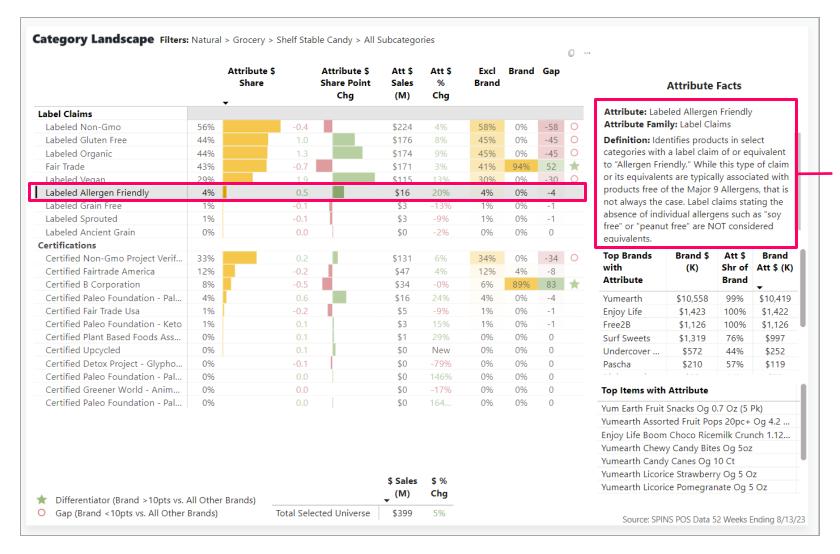
Click here to learn about **SPINS Attribute Types**





SPINS Attl ab Overview

AttLab has built-in training to empower users to learn as they go



SPINS PI definitions are built in.

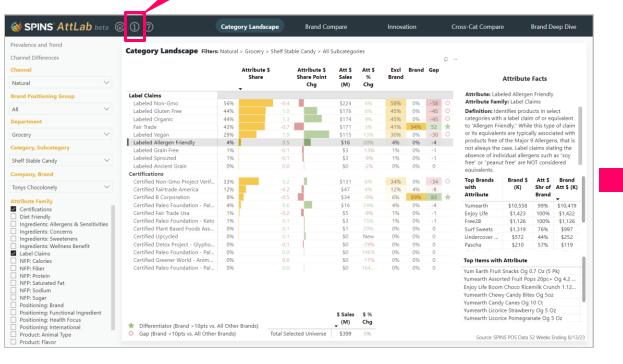
so that users can click on an attribute to see how we define it, as well as top brands and items with that attribute.

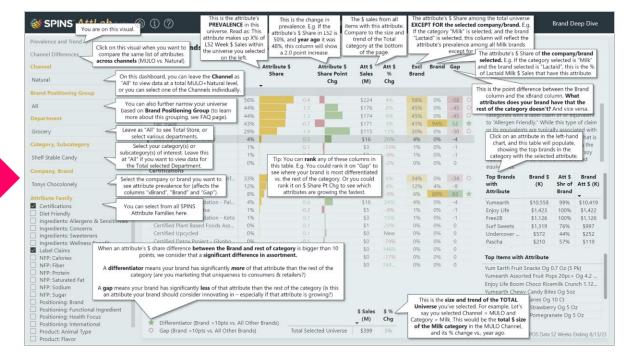
36

SPINS AttLab Overview

AttLab has built-in training to empower users to learn as they go

The 'info' button on each dashboard opens an overlay that explains every metric and item on the page. This gives the user the autonomy to learn within the tool as they are using it.

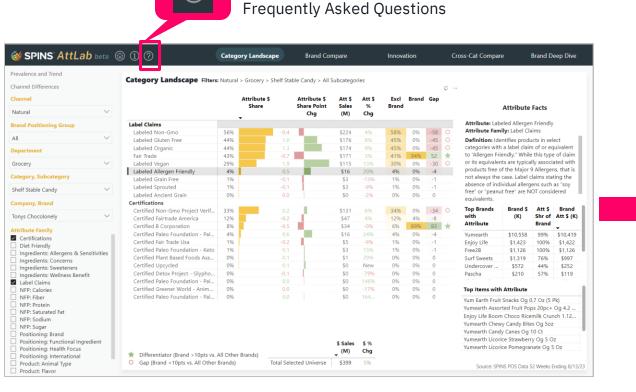




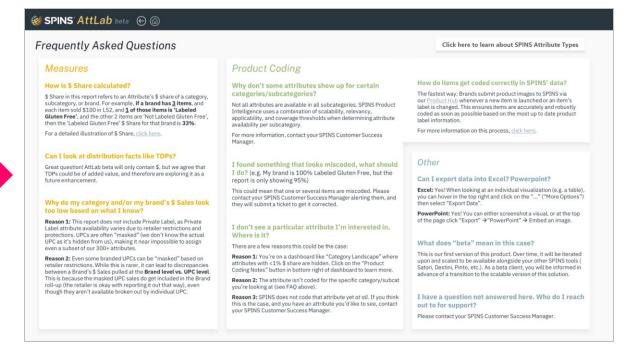
User can click anywhere to close info pane.

SPINS Attl ab Overview

AttLab has built-in training to empower users to learn as they go



The '?' button on each dashboard takes the user to a page in the report that answers



User can click back button to return to the previous page they were on, or can go Home



Life Is What You Bake It

47%

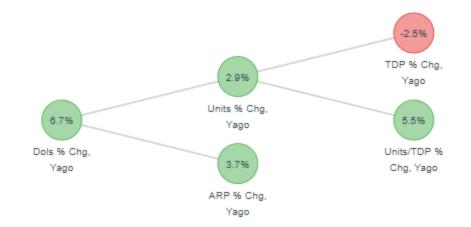
of US adults bake regularly

with

28% from scratch 19%

relying on







Category Sales MULO

6.7% Category Growth Dols, % Chg, YAGO



Baking Ingredients



7% in Sales, bringing in \$ 4.7 B









Baking Mixes



2% in Sales, bringing in \$ 1.9 B







Shelf Stable Baking Mix & Ingredients & Flour



Flours



13% in Sales, bringing in \$ 1.5 B





\$ 229.7 M **Up** +21% \$ **Up** +15% U

Top Growing Brand

(Positive Sales Change)



\$ 34.3 M **Up** +52% \$

Up +48% U

Top Declining Brand

(Negative Sales Change)



\$10.9 M

Down -7% \$

Down -3% U





Pancake & Waffle Mixes



5% in Sales, bringing in \$ 654.6 M







Surge in Sensitivities: Food Allergies Are On The Rise

Statistics Shed Light on the Impact of Food Allergies

Food Allergies Are Growing In Both U.S. Adults & Children

8% of children (approx. 6M) under 18 have food allergies

- Most common are peanut (2.2%), milk (1.9%). shellfish (1.3%) and tree nut (1.2%)
- Of children with food allergies, 40% are allergic to multiple foods

11% of adults (at least 26M) have food allergies

16 foods are responsible for over 90% of food allergies



















18%

of Americans say the presence of allergens in food is their most important food safety concern

20%

of SS Baking Mix & Ingredients & Flour sales in MULO + Natural are 'Major 9 Allergen Free', which had grown +0.7 pts (up from 9% of sales YA).

Concerns Over Food Safety: Seeking Clean Products

Overall confidence in the safety of the U.S. food supply is down significantly in 2024 with 62% saying they are confident in the safety of the U.S. food supply vs. 70% in 2023

35%

of Americans say having food labeled as having No Artificial Ingredients / Colors inform them of the safety of their food 30%

of Americans say food additives and ingredients is their most important food safety concern 57%

of SS Baking Mix & Ingredients & Flour sales in MULO + Natural are 'Vital Clean', which had grown +2.2 pts (up from 9% of sales YA).